

WHERE TO

A resource dedicated to student-athletes and their Life after Notre Dame.



SEPTEMBER 2023

PHYSICAL HEALTH CARE NAVIGATION & REHABILITATION PARTNER: SOUTH BEND ORTHOPAEDICS

Since 1947, South Bend Orthopaedics has focused on providing every patient the best orthopedic care available. A Tradition of Excellence in Orthopedics is our mission, which is reflected throughout the northern Indiana region and in our decades-long position as the team physicians for The University of Notre Dame.



Former student-athletes can expect the same level of care and expertise they would have received during their playing days. Whether you come to us with a simple fracture, chronic back pain, or seeking a joint replacement procedure, we've got you covered from head to toe.

We are honored to partner with Project LAND to provide a full array of orthopedic care at any of our five convenient locations. Your comfort, well-being, and active lifestyle are at the heart of our practice.

WHO WE ARE

South Bend Orthopaedics physicians are board certified, and fellowship trained. Our extended care team also includes physician assistants, nurse practitioners, physical and occupational therapists, and athletic trainers. Our team of world-class orthopedic specialists, surgeons, and health care professionals are united by a shared mission: to provide comprehensive, patient-centered care that empowers individuals to regain the life they love.

WHAT WE DO

South Bend Orthopaedics offers orthopedic and rehabilitation services with a high level of expertise and state-of-the-art technology. Our specialties include elbow, foot & ankle, hand & wrist, hip, knee, non-operative spine & rehab, robotic joint replacement, shoulder, spine, sports medicine, total joint replacement, and plastic & reconstructive surgery.

With diagnostic imaging, walk-in clinic, occupational/physical therapy, durable medical equipment, and our 3D Performance Lab, our patients enjoy the convenience of having all their orthopedic needs met without running from place to place or doctor to doctor.

At SBO, we accept worker's compensation, Medicare, and most major insurance plans. Please contact your insurance company or contact our office at 574-247-9441 to find out if we accept your plan.

HOW TO GET STARTED

For all appointments and inquiries, simply call us at 574-247-9441. Project LAND can also be contacted directly at 574-318-0722 for further assistance.

We invite you to explore our website's **Patient Info** section, with patient education videos and other resources, and our **patient testimonials**, offering personal accounts of our care. Trusted in the community - and by The University of Notre Dame - for 75 years, South Bend Orthopaedics is focused on providing you with the best care available.