

WHERE TO

A resource dedicated to student-athletes
and their Life after Notre Dame.



LAND

JUNE 2024

A NOTE FROM DR. TOM CARTER III



Happy summer! The theme guiding this issue is “new beginnings” and several of LAND’s key initiatives are off to an incredible start, thanks to you, our Class Reps and service partners.

Our objective to introduce LAND’s pillars to an expanding network bore fruit in April at our social during Blue-Gold Legacy weekend. We connected with a number of former athletes who stopped by Legends Restaurant, our gracious host. Thank you to event sponsor South Bend Orthopaedics and LAND Board Member Dr. Brian Ratigan (ND ‘93) for his inspiring keynote address. Riddell, our official Notre Dame helmet sponsor, and ND Events and ND LEGENDS Teams also helped make our event memorable.

If you weren’t able to join us, take a moment to **watch our video**, expertly produced by Salvi Media. Thank you, Christopher Salvi and William Salvi (ND ‘13), and team.

Another vital undertaking has been the launch of our app, LANDing Pad. We asked you to join this new community and spread the word, and the response has been tremendous! Please keep up the enthusiasm by encouraging your fellow Notre Dame teammates to join, too. They can download LANDing Pad from the **App Store** and **Google Play**.

In this issue’s **Partnership Place**, meet our new mental health services partner, LifeStance, which provides trusted, affordable, and personalized mental healthcare and helps each person design their own customized care plan.

Starting a job or career is one of life’s most exciting new beginnings, but doing so requires a strategic approach. Our **Career Connections** article offers some proven ways to be successful from day one. And in their own accounts for our Spotlight section, **Rachel Creighton** (ND ‘10) and **Martin Vergara**, (ND ‘06) describe their post-sports career paths as circuitous or marked by stops and starts, but always grounded in their student-athlete experience.

Remember to let us know about jobs, internships, and mentorships you can offer, and we will add them to our database of opportunities and to LANDing Pad. Contact Program Director **Brandyn Curry** to learn more.

Thank you for reading about what’s new at Project LAND. Have a great summer! I’ll end with a shoutout to the No. 1 Notre Dame Men’s Lacrosse team and Coach Kevin Corrigan for winning their second-straight NCAA national title. Congratulations!